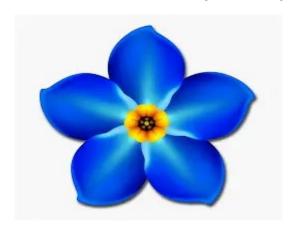
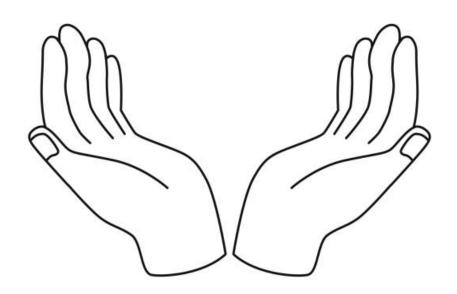


Building Confidence, Community & Resilience

Praying Together Dementia Friendly Prayers





Here are some suggestions for prayer and reflection.

If you are praying with someone else, you can ask 'would you like me to pray with you?

You can say all of these prayers, or just one or two of the prayers, and a piece of music or hymn, if that feels right.

You may like to just look at some of the pictures.

Perhaps you would like to hold something familiar while you pray - a **Bible, hymn book, holding cross or rosary.**

You may like to light a candle to start the time of prayer.

'We light a candle and remember that God is near.'



The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name.

Thy kingdom come,

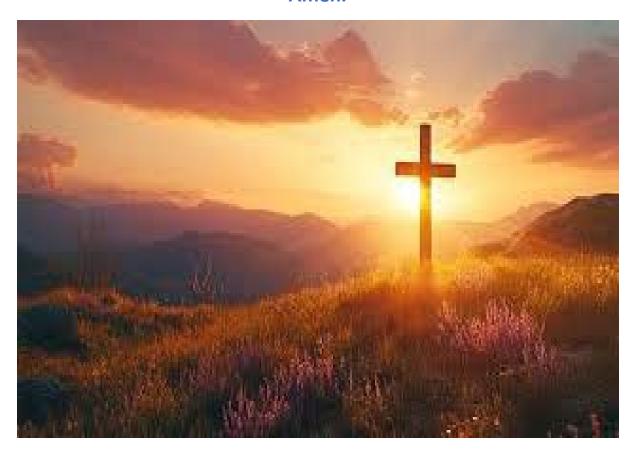
Thy will be done, on Earth as it is in heaven.

Give us this day our daily bread and forgive us our sins, as we forgive those who sin against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, and the power, and the glory forever.

Amen.



Prayer of St. Francis – the Peace Prayer

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith; Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console;

To be understood as to understand;

To be loved as to love.

For it is in giving that we receive; It is in pardoning that we are pardoned;

And it is in dying that we are born to eternal life. Amen.





Psalm 23

The Lord is my shepherd;
I shall not want.
He makes me to lie down
in green pastures;
He leads me beside the still
waters.

He restores my soul;
He leads me in the paths of righteousness
For His name's sake.

Yea, though I walk through the valley of the shadow of death,
I will fear no evil;
For You are with me;

Your rod and Your staff, they comfort me.

You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.

Surely goodness and mercy shall follow me all the days of my life;

And I will dwell in the house of the Lord forever.

Sharing the Peace

God has called us to live in peace.

The peace of the Lord be always with you – let's share with each other the sign of peace

'Peace be with you'





John 3: 16

For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

John 13: 34 - 35

Jesus said: 'A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.

The Apostles Creed

We believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, who was conceived of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into Hell. On the third day He rose again. He ascended into Heaven and is seated at the right hand of God the Father almighty.

From there He shall come to judge the living and the dead.

We believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

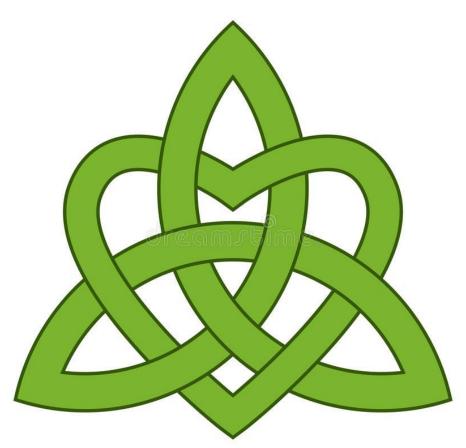


Endings and Blessings

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and always. Amen.

The love of the Father, the presence of Jesus, the Son, and the power of the Holy Spirit, be with us now and always. Amen.

May the road rise to meet you, May the wind be always at your back, May the sun shine warm upon your face, The rains fall soft upon your fields and until we meet again, May God hold you in the palm of his hand. Amen.'



Hymns and Songs

'Songs of Praise' have versions of these hymns available on YouTube.

All things Bright and Beautiful

Abide with me

All Creatures of our God and King

Amazing Grace

Be thou my vision

Dear Lord and Father of Mankind

Give me Joy in my Heart

Great is thy Faithfulness

How great thou art

It is well with my soul

Jesus loves me this I know

Let us break bread together

Lord of the Dance

Love Divine All Loves Excelling

O Sacred Head now Wounded

O Worship the King

This Little Light of Mine

The wise man built his house upon the rock

The Lord's my shepherd

To God be the Glory

When I survey the Wondrous Cross