Expansion Pack of Ideas | Families with Children

This pack accompanies the printed planner and sticker pack

Spark Activities Say bedtime prayers Read a bedtime story using (F) the Bible or other bedtime book During the school run: talk about what you're thankful for, excited for or worried about Build scenes and settings from a Bible story using Lego or craft materials Draw a picture of Jesus doing something ordinary or something special (or both!) Go on a Christian app together e.g. godforkidsapp.com 🚱) Adults: set up an interactive Bible craft to do together Adults: create a treasure hunt around your house or <u>_</u> local area – include simple prayer activities or thoughts 🙊) Write a family prayer

Shine Activities



Tell someone else in your household three things that you appreciate about them



Children: make your parent or carer a drink or a snack



Adults: help your child or children with their homework



Talk about new ways for your household to help look after the environment



Donate food or supplies to your local food bank



Prayer walk around your community, pray for different people and places



Expansion Pack of Ideas | Families with Toddlers

This pack accompanies the printed planner and sticker pack

Spark Activities Shine Activities Say bedtime prayers Pray for a friend Have 5 minutes thinking Play with or next to your or learning about God toddler Read a bedtime story Walk around your 🕑 using the Bible or other community, choose bedtime book different people and places to pray for Go to a toddler group at a local church Build scenes and settings 🛃) from Bible stories using toys like building blocks Explore a Bible story through play



Expansion Pack of Ideas | Children with additional needs

This pack accompanies the printed planner and sticker pack





Expansion Pack of Ideas | Families with Young People

This pack accompanies the printed planner and sticker pack

Spark Activities

Listen to a podcast and talk about it as a family

Unfollow social media accounts that don't add anything to your life

Shine Activities



Set healthy boundaries together to enable the young person to take on more responsibility

Young people: share something you've seen that's interesting or funny (this might seem strange at first!)



Tell someone else in your household three things that you appreciate about them

Create a mini prayer wall somewhere in the house. You could include pictures of friends and family or hopes for the future



Upcycle something instead of throwing it away



Young people: choose a special key ring, piece of jewellery or badge which reminds you of something important



Donate food or supplies to your local food bank



Prayer walk around your community, pray for different people and places



Family Rhythm of Life Expansion Pack of Ideas | Care for Creation

This pack accompanies the printed planner and sticker pack

Spark Activities

Take photos of God's creation

Go on a family walk and notice the small things around you



Talk about different aspects of creation and what we can learn from them

Shine Activities



Sort out the recycling



Make a bug hotel at your church or house



Do a litter pick in your local area



Talk about new ways for your household to help look after the environment



Upcycle something instead of throwing it away



Prayer walk around your community, pray for different people and places



Expansion Pack of Ideas | Around the dinner table

This pack accompanies the printed planner and sticker pack

Spark Activities



Have 5 minutes thinking or learning about God

Read a Bible story - have you ever been in a similar situation? Do you agree with the outcome?



Use a resource to choose a question to talk about during a meal



Talk about something that made you happy today



Light your baptism candle or another candle and think about what baptism means to you

Shine Activities

Talk about something you don't agree on. Is there anything you can learn from the other person (even if you still don't agree with them)?

Has something made you angry recently? Write it down (talk about it if you feel comfortable) and then throw the paper away.



Watch a video or read a book about someone who is different to you, talk about how you are different and what you have in common

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Watch a video or read a book about someone who is similar to you, talk about how God loves them and loves you too!

Did you show kindness today? How can you show kindness tomorrow?

