



St Matthew's Church
Carver Street



in association with
Parish Nursing
Ministries UK

Parish Nursing Project

USEFUL NUMBERS

Sheffield City Council Community Helpline	0114 273 4567
Housing Solutions	0114 273 6306 or 0800 7311 689
Citizens Advice	0344 411 3111
Struggling to pay Council rent	0114 293 0000
Money Advice service	0800 138 7777
NHS	111
Sheffield Walk-in Centre, Broad Lane	0114 241 2700
Rethink Mental Health helpline	0808 8010 440
Samaritans	0114 276 7277 or 116123
Sheffield MIND	0114 312 2209
Childline	0800 1111
Silver Line (Help for older people)	0800 470 8090
Sheffield Safeguarding Hub	0114 273 4855
Sheffield Adult Safeguarding	0114 273 4908
Sheffield Health & Social Care Urgent Mental Health Support	0114 226 3636
Drug & Alcohol services	0114 305 0500
Domestic Abuse Support	0808 808 2241

Health services available for people living on the streets in Sheffield - see map

1 - Broad Lane NHS Walk In Centre, Broad Lane, Sheffield, S1 3PB

- Open 8am to 10pm, 365 days a year.
- See a nurse or GP for a range of minor illnesses, no appt needed.

2 - Minor Injuries Unit, Royal Hallamshire Hospital, Glossop Road, Sheffield S10 2JF

- Open 8am to 8pm, 365 days per year for broken bones, burns and cuts
- No appointment needed, average wait time 1-1.5 hours.

3 - Devonshire Green Medical Centre, 126 Devonshire Street, Sheffield, South Yorkshire, S3 7SF

- If not registered with a GP and are rough sleeping call for a telephone consultation or to arrange a routine appointment.
- Same day/urgent appointments call from 08:30, 0114 272 0255

4 - Archer Project, Church Street, Sheffield, S1 1HA

- GP alternate Wednesdays from 10am
- Outreach nurse, 10-11:30 Monday and 8:30-10:30 Wednesday
- Wound care, Friday 9-10am
- Dentist every fortnight. Call 0114 2636970 for dates and times.

5- Ben's Centre, 22 Wilkinson Street Sheffield, S10 2GB

- Outreach nurse, 11:45-13:15 Monday and 13:00-14:00 Friday

6 - City Centre street outreach, with Framework team

- 6-8am Tuesday, Wednesday and Friday
- minor illness/injury management.
- physical health checks, GP registrations, repeat medications, fit notes.
- sign posting & liaison with various services to advocate for clients

7 - Fitzwilliam Centre, 143-145 Fitzwilliam St, Sheffield, S1 4JP

- Wound care appointments, Monday-Friday.
- Opioid support services.
- Call 0114 3050500

8 - Clover Mulberry Street Practice, 1 Mulberry Street Sheffield, S1 2PJ

- full range of primary care services for refugees and asylum seekers.
- support families in hostels, refuges and temporary accommodation.
- Call 0114 551 7439

9 - Moor Market, Sheffield, S1 4PF

- **St Matthews Parish Nursing Service drop in** - Monday, Tuesday and Friday 9-12 and 2-4:30.
- Offer physical health checks, sign post to services and act as advocates in liaising with other agencies.
- **Smoking Cessation services**
- Pre-book on 0800 612 0011 free from a landline or 0330 660 1166.
- **Cancer Information Hub**
- Support, advice and signposting if you're worried about cancer
- Monday to Friday 10-4
- **Covid vaccinations**
- Tuesdays to Thursdays, summer 2022.

10 - 44 Sidney Street, Sheffield, S1 4FH

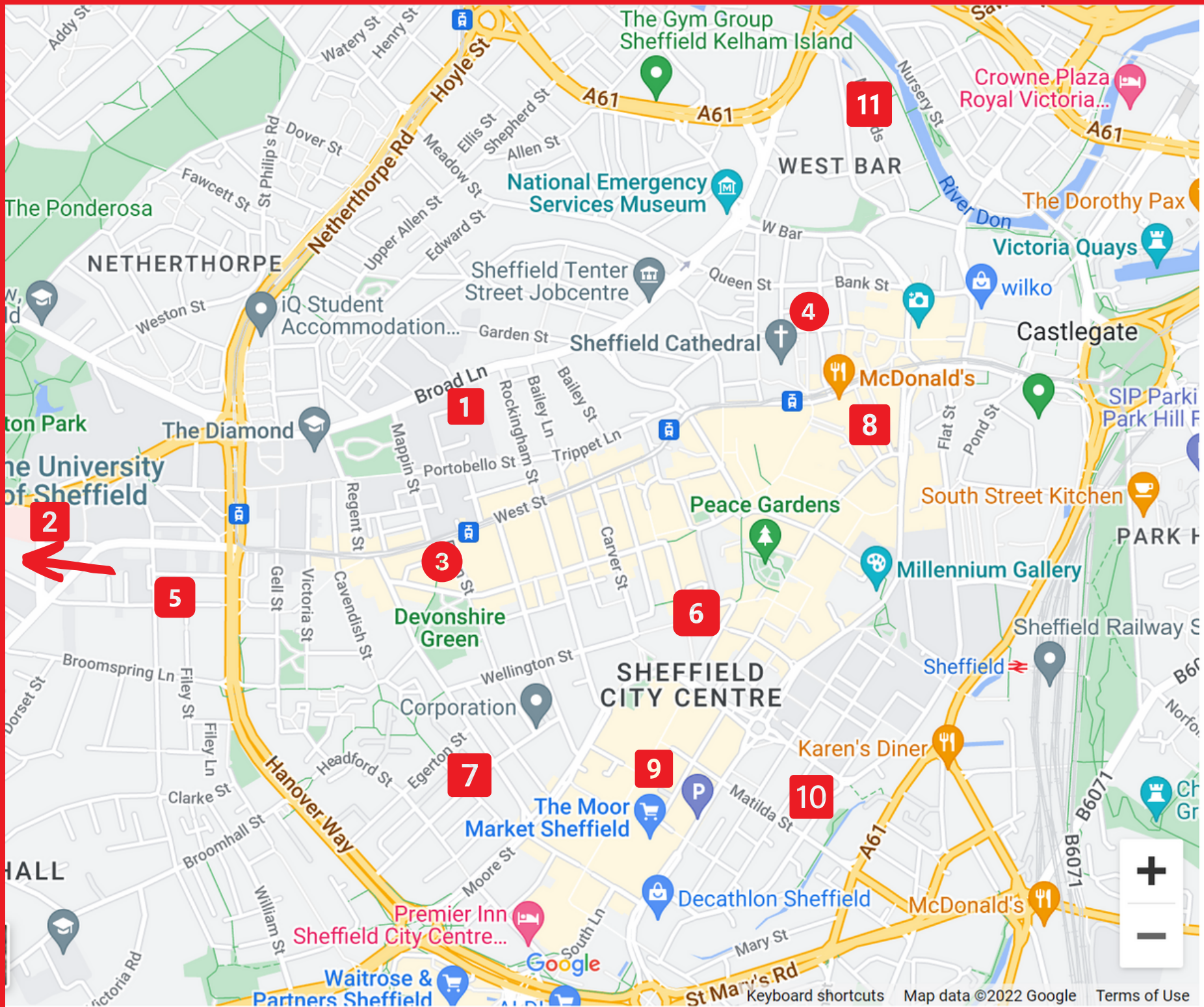
- Non opioid/alcohol support service.
- Call 0114 3050500

11 - Mobile outreach sessions

- Sheffield Working Women's Opportunities Project (SWWOP) - provides intensive support to vulnerable women involved in street prostitution.
- Mon: 7-10.30pm, Weds/Thurs: 8-11.30pm, Fri: 7.30-11pm.

HELP US HELP

www.helpushelp.uk



General health advice and support

999

- Only use in an emergency or a critical/life-threatening situation.
- eg: loss of consciousness, fits that aren't stopping, chest pain, breathing difficulties, severe bleeding, severe allergic reactions, burns or scalds.

111

- Call free if you need medical advice or are not sure what service you need, not for emergencies.
- 111 can book appointments out of hours with a GP.

Local pharmacies

- Offer confidential expert advice and treatment for most common illnesses.
- Many Sheffield pharmacies are open evenings, weekends and bank holidays – no appointment needed.

Eye emergencies

- Service is available at the Royal Hallamshire Hospital for adults only.
- Monday to Friday 8am to 4.30pm.
- Call 0114 2172726.

GPs

- Most GPs are offering telephone consultations before offering face-to-face appointments

Hepatitis C

- Advice helpline: 020 7089 6221

GP Hubs

- 6 across Sheffield, offering evening (6-10 pm) and weekend healthcare services for urgent and routine needs, 365 days a year.
- Book appointments through your usual GP practice or by calling 111.

Asylum seekers & refugees

- City of Sanctuary Asylum seeker helpline: 07419 348379
- City of Sanctuary Refugee helpline: 0742131518
- Assist helpline: 0300 2010072

Dental services

- Urgent care line: 0844 7368440 or 111.

Vaccinations

- Your GP practice can tell you if you have any outstanding vaccinations.

Worried about cancer?

- Request your bowel cancer screening kit on 0800 707 6060 (age 60-74yrs)
- Request your breast screening appt on 0114 2711920 (age 50-70yrs)
- Make an appointment with your practice nurse for cervical screening (age 25-64yrs)

Mental health services

- **In an emergency, call 999.** Eg. if someone is stating they want to take their life or have taken too much medication, call 0808 1968281 free.
- **Sheffield Rethink** helpline offers advice to those struggling with their mental health, call 0808 8010440 free
- **Samaritans:** 116123 free
- **HAST**, the homeless assessment and support team provides access to healthcare support services for homeless people in Sheffield who have mental health problems. They will accept self-referrals on 0114 2262520

Domestic abuse services

- IDAS have local specialist independent domestic violence advocates (IDVAs). Helpline 08088082241
- **Ashiana** support and empower those from BAMER communities. Call 0114 2555740 or 0808200247
- **National Domestic Abuse Helpline** – 0808 2000 247 (run by Refuge)
- **The Men's Advice Line** – 0808 801 0327 (run by Respect)
- **The Mix**, free info and support for under 25s in the UK – 0808 808 4994
- **National LGBT+ Domestic Abuse Helpline** – 0800 999 5428 (run by Galop)

HELP US HELP